

## 2009 NJCAA Division III Outdoor Championships - 5/7/2009 to 5/9/2009

## Alfred State College

## Results

**Women 100 Meter Dash**

Meet Record: 12.20 # 2007

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Angela Kerr-Smith	SO	Suffolk Ccc	12.74q
2 Headyana Piearu	SO	Finger Lakes CC	13.12q
3 Deandra Nelson	FR	Kingsborough CC	13.14q
4 Nia Howard	FR	Roxbury CC	13.18q
5 Jackie Hernandez	FR	Delhi	13.28q
6 Anya Francis	FR	Roxbury CC	13.57q
7 Shanna Ellison	FR	Roxbury CC	13.59q
8 Jessica Campus	SO	Erie	13.69q
9 Rachel Jefferson	FR	DuPage	13.81
10 Elaina Unger	FR	Glouceste	13.90
10 Shauncey Claud	FR	Mohawk Valley	13.90
12 Shakeja Mottenon	FR	Prince George's	13.98
13 Sashoy Moffon	FR	Prince George's	13.99
14 Michelle Watkins	FR	DuPage	14.06
15 Jasmine Woolfork	FR	DuPage	14.10
16 Sara Garrett	FR	Mohawk Valley	14.18
17 Destiny Lewis	SO	Erie	14.40
18 Shaniqua Muniz	FR	Middlesex CC	14.58

**Women 100 Meter Dash**

Meet Record: 12.20 # 2007

Name	Yr	School	Finals
<b>Finals</b>			
1 Angela Kerr-Smith	SO	Suffolk Ccc	12.68 10
2 Headyana Piearu	SO	Finger Lakes CC	12.97 8
3 Nia Howard	FR	Roxbury CC	13.06 6
4 Anya Francis	FR	Roxbury CC	13.37 5
5 Jackie Hernandez	FR	Delhi	13.40 4
6 Deandra Nelson	FR	Kingsborough CC	13.41 3
7 Shanna Ellison	FR	Roxbury CC	13.51 2
8 Jessica Campus	SO	Erie	13.59 1

**Women 200 Meter Dash**

Meet Record: 24.82 # 2001

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Angela Kerr-Smith	SO	Suffolk Ccc	25.86q
2 Deandra Nelson	FR	Kingsborough CC	26.09q
3 Nicola Lucaine	FR	Nassau CC	26.21q
4 Lauren Penc	FR	Mohawk Valley	26.53q
5 Headyana Piearu	SO	Finger Lakes CC	26.68q
6 Nia Howard	FR	Roxbury CC	26.90q
7 Jackie Hernandez	FR	Delhi	26.95q
8 Amanda Gibson	FR	Prince George's	27.35q
9 Shanna Ellison	FR	Roxbury CC	27.76
10 Bethany Ester	FR	DuPage	27.83
11 Jessica Campus	SO	Erie	28.08
12 Jasmine Woolfork	FR	DuPage	28.24
13 Elaina Unger	FR	Glouceste	28.53

14 Michelle Watkins	FR	DuPage	28.60
15 Shauncey Claud	FR	Mohawk Valley	28.98
16 Sara Giannasca	SO	Northern Essex	29.18
17 Anicka Lewis	SO	Kingsborough CC	29.53
18 Shakeja Mottenon	FR	Prince George's	29.69
19 Dounia Dakkouni	FR	Montgomery	29.99

**Women 200 Meter Dash**

Meet Record: 24.82 # 2001

Name	Yr	School	Finals
<b>Finals</b>			
1 Angela Kerr-Smith	SO	Suffolk Ccc	26.06 10
2 Deandra Nelson	FR	Kingsborough CC	26.46 8
3 Nicola Lucaine	FR	Nassau CC	26.60 6
4 Lauren Penc	FR	Mohawk Valley	26.93 5
5 Amanda Gibson	FR	Prince George's	26.98 4
6 Headyana Piearu	SO	Finger Lakes CC	27.28 3
7 Jackie Hernandez	FR	Delhi	27.38 2
8 Nia Howard	FR	Roxbury CC	27.46 1

**Women 400 Meter Dash**

Meet Record: 57.54 # 2001

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Deandra Nelson	FR	Kingsborough CC	57.56q
2 Lauren Penc	FR	Mohawk Valley	59.21q
3 Jacqueline Nisbett	SO	Glouceste	59.54q
4 Claudette Hetmeyer	SO	Bronx CC	59.72q
5 Bethany Ester	FR	DuPage	1:01.01q
6 Sara Giannasca	SO	Northern Essex	1:01.16q
7 Sashoy Moffon	FR	Prince George's	1:01.39q
8 Brooke Everdyke	FR	Finger Lakes CC	1:01.85q
9 Emily Bilz	SO	Delhi	1:01.90
10 Amanda Gibson	FR	Prince George's	1:03.50
11 Anya Francis	FR	Roxbury CC	1:04.73
12 Shanna Ellison	FR	Roxbury CC	1:04.78
13 Jessica Hannah	SO	Prince George's	1:05.60
14 Shannon O'Brien	FR	Finger Lakes CC	1:07.09
15 Elisa Stough	FR	DuPage	1:08.02
16 Kendall Cimaglia	SO	DuPage	1:08.70
17 Kayleigh Smith	FR	CC Rhode Island	1:09.78
18 Dounia Dakkouni	FR	Montgomery	1:09.91

**Women 400 Meter Dash**

Meet Record: 57.54 # 2001

Name	Yr	School	Finals
<b>Finals</b>			
1 Deandra Nelson	FR	Kingsborough CC	58.75 10
2 Claudette Hetmeyer	SO	Bronx CC	59.15 8
3 Lauren Penc	FR	Mohawk Valley	1:00.28 6
4 Jacqueline Nisbett	SO	Glouceste	1:01.82 5
5 Sara Giannasca	SO	Northern Essex	1:02.36 4
6 Bethany Ester	FR	DuPage	1:03.13 3
7 Sashoy Moffon	FR	Prince George's	1:04.73 2
8 Brooke Everdyke	FR	Finger Lakes CC	1:05.75 1

## 2009 NJCAA Division III Outdoor Championships - 5/7/2009 to 5/9/2009

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## Results

**Women 800 Meter Run**

Meet Record: 2:19.41 # 1998

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Claudette Hetmeyer	SO	Bronx CC	# 2:18.57Q
2 Heather Vroman	FR	Mohawk Valley	2:27.14Q
3 Gina Adornotto	SO	Erie	2:27.84q
4 Ann Ward	FR	Delhi	2:31.22q
5 Shantel Peters	FR	Queensborough	2:31.56q
6 Elise Cramer	FR	Erie	2:33.05q
7 Kate Cole	FR	Delhi	2:34.49q
8 Tiffany Ovieda	FR	Mohawk Valley	2:36.82q
9 Kylie Reach	SO	Erie	2:38.06
10 Shannon O'Brien	FR	Finger Lakes CC	2:38.15
11 Rachel Nyenhuis	FR	DuPage	2:39.52
12 Mercy Sabblah	FR	Queensborough	2:41.64
13 Brooke Everdyke	FR	Finger Lakes CC	2:44.51
14 Casey Johnston	FR	Finger Lakes CC	2:55.97
15 Sarah Singer	FR	Cumberland CC	2:57.39

**Women 800 Meter Run**

Meet Record: 2:19.41 # 1998

Name	Yr	School	Finals
<b>Finals</b>			
1 Claudette Hetmeyer	SO	Bronx CC	2:22.27 10
2 Shantel Peters	FR	Queensborough	2:35.13 8
3 Heather Vroman	FR	Mohawk Valley	2:35.75 6
4 Elise Cramer	FR	Erie	2:39.50 5
5 Ann Ward	FR	Delhi	2:40.22 4
6 Gina Adornotto	SO	Erie	2:45.59 3
7 Kate Cole	FR	Delhi	2:47.03 2
8 Tiffany Ovieda	FR	Mohawk Valley	2:47.65 1

**Women 1500 Meter Run**

Meet Record: 4:49.98 # 2002

Name	Yr	School	Finals
<b>Finals</b>			
1 Heather Vroman	FR	Mohawk Valley	5:16.92 10
2 Bridget McMahon	FR	Alfred State	5:20.20 8
3 Hannah Hoffman	FR	Mohawk Valley	5:21.78 6
4 Emily Enright	SO	Finger Lakes CC	5:25.71 5
5 Nicole Lo Meli	SO	Suffolk Ccc	5:27.12 4
6 Shantel Peters	FR	Queensborough	5:36.73 3
7 Sara Pick	FR	Mohawk Valley	5:37.78 2
8 Tracy Dobkowski	FR	Glouceste	5:40.22 1
9 Kim McKay	FR	Delhi	5:40.90
10 Heather DiCrescenzo	SO	Glouceste	5:43.60
11 Carissa Hollenbeck	FR	DuPage	6:02.62
12 Bethany Porras	SO	Nassau CC	6:05.72

**Women 5000 Meter Run**

Meet Record: 18:48.78 # 2007

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannah Hoffman	FR	Mohawk Valley	19:21.87 10
2 Emily Enright	SO	Finger Lakes CC	19:44.84 8
3 Heather DiCrescenzo	SO	Glouceste	19:55.41 6
4 Sara Pick	FR	Mohawk Valley	20:31.83 5
5 Chelsie McPherson	FR	Harper College	20:57.98 4
6 Nicole LaCour	FR	DuPage	21:19.23 3
7 Danielle Metz	FR	Delhi	21:28.77 2
8 Beth Forster	SO	DuPage	22:07.29 1
9 Allyne O'Hearn	FR	Alfred State	22:29.35
10 Elisse Rene Lorenc	FR	Harper College	22:48.63

**Women 10000 Meter Run**

Meet Record: 39:10.34 # 2008

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannah Hoffman	FR	Mohawk Valley	41:18.26 10
2 Heather DiCrescenzo	SO	Glouceste	42:08.30 8
3 Tracy Dobkowski	FR	Glouceste	44:08.30 6
4 Nicole LaCour	FR	DuPage	45:07.91 5
5 Chelsie McPherson	FR	Harper College	46:00.33 4
6 Allyne O'Hearn	FR	Alfred State	46:38.24 3
7 Beth Forster	SO	DuPage	47:32.35 2
8 Celeste LaCour	FR	DuPage	48:27.35 1
9 Stephanie Poirier	FR	Mohawk Valley	49:15.00
10 Elisse Rene Lorenc	FR	Harper College	49:20.27
11 Rachel Gleason	SO	Delhi	50:19.21
12 Angela Pereira	FR	Suffolk Ccc	50:19.62
13 Sam Moyer	FR	Glouceste	52:14.81
--- Irene Villadares	FR	Harper College	DNF

**Women 100 Meter Hurdles**

Meet Record: 14.74 # 1999

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jacqueline Nisbett	SO	Glouceste	16.08Q
2 Daira Veloz	FR	Delhi	16.87Q
3 Shawna McNeil	FR	Alfred State	17.28q
4 Diana DeJesus	FR	Mohawk Valley	17.44q
5 Chantal Salamone	SO	Herkimer County	17.51q
6 Renee Smith	FR	Finger Lakes CC	17.65q
7 Ashley Pyle	FR	DuPage	17.80q
8 Amanda Cade	SO	Delhi	18.65q
--- Amanda Link	SO	Herkimer County	DNF

**Women 100 Meter Hurdles**

Meet Record: 14.74 # 1999

Name	Yr	School	Finals
<b>Finals</b>			
1 Daira Veloz	FR	Delhi	15.95 10
2 Chantal Salamone	SO	Herkimer County	16.12 8

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**Finals ... (Women 100 Meter Hurdles)**

Name	Yr	School	Finals	
3 Shawna McNeil	FR	Alfred State	16.62	6
4 Renee Smith	FR	Finger Lakes CC	17.12	5
5 Diana DeJesus	FR	Mohawk Valley	17.17	4
6 Ashley Pyle	FR	DuPage	17.18	3
7 Amanda Cade	SO	Delhi	18.07	2
8 Jacqueline Nisbett	SO	Gloucestre	19.47	1

**Women 400 Meter Hurdles**

Meet Record: 1:02.85 # 1999

Name	Yr	School	Finals	
<b>Finals</b>				
1 Jacqueline Nisbett	SO	Gloucestre	1:04.43	10
2 Daira Veloz	FR	Delhi	1:09.00	8
3 Ashley Pyle	FR	DuPage	1:15.30	6
4 Sara Garrett	FR	Mohawk Valley	1:15.96	5
5 Laverne Hardy	FR	Queensborough	1:26.80	4

**Women 3000 Meter Steeplechase**

Meet Record: 11:38.01 # 2004

Name	Yr	School	Finals	
<b>Finals</b>				
1 Heather Vroman	FR	Mohawk Valley	12:23.32	10
2 Gina Adornotto	SO	Erie	12:30.32	8
3 Tracy Dobkowski	FR	Gloucestre	13:07.07	6
4 Kim McKay	FR	Delhi	13:11.42	5
5 Heather DiCrescenzo	SO	Gloucestre	13:20.98	4
6 Danielle Metz	FR	Delhi	13:53.69	3
7 Kaleigh Ligoci	SO	Alfred State	14:11.47	2
8 Sarah Stuhlman	FR	Mohawk Valley	14:30.62	1
9 Laverne Hardy	FR	Queensborough	14:48.75	
10 Sam Moyer	FR	Gloucestre	15:50.02	

**Women 4x100 Meter Relay**

Meet Record: 49.45 # 2002

Team	Relay	Prelims
<b>Preliminaries</b>		
1 DuPage		51.73Q
1) Rachel Jefferson FR	2) Michelle Watkins FR	
3) Kendall Cimaglia SO	4) Bethany Ester FR	
2 Delhi		51.80Q
1) Jackie Hernandez FR	2) Emily Bilz SO	
3) Ann Ward FR	4) Daira Veloz FR	
3 Prince George's CC		51.89q
1) Sashoy Moffon FR	2) Amanda Gibson FR	
3) Jessica Hannah SO	4) Shakeja Mottenon FR	
4 Mohawk Valley CC		52.27q
1) Shauncey Claud FR	2) Diana DeJesus FR	
3) Sara Garrett FR	4) Lauren Penc FR	
5 Herkimer County CC		52.30q
1) Maria Scerra FR	2) Justine Ward FR	
3) Chantal Salamone SO	4) Jen Lighthall FR	

6 Finger Lakes CC		53.46q
1) Shannon O'Brien FR	2) Renee Smith FR	
3) Brooke Everdyke FR	4) Headyana Piearu SO	
7 Roxbury CC		53.65q
1) Nia Howard FR	2) Shanna Ellison FR	
3) Anya Francis FR	4) Ashanti Martinez FR	
8 Middlesex CC		54.31q
1) Shaniqua Muniz FR	2) Yanique Folkes SO	
3) Ewere Asuen FR	4) Coretta Browne FR	
9 Queensborough CC		55.45
1) Laverne Hardy FR	2) Mercy Sabblah FR	
3) Haleemat Emozozo FR	4) Sonia Omokaro FR	

**Women 4x100 Meter Relay**

Meet Record: 49.45 # 2002

Team	Relay	Finals
<b>Finals</b>		
1 Delhi		51.42 10
1) Jackie Hernandez FR	2) Emily Bilz SO	
3) Ann Ward FR	4) Daira Veloz FR	
2 DuPage		51.45 8
1) Rachel Jefferson FR	2) Michelle Watkins FR	
3) Kendall Cimaglia SO	4) Bethany Ester FR	
3 Prince George's CC		51.48 6
1) Sashoy Moffon FR	2) Amanda Gibson FR	
3) Jessica Hannah SO	4) Shakeja Mottenon FR	
4 Finger Lakes CC		52.38 5
1) Shannon O'Brien FR	2) Renee Smith FR	
3) Brooke Everdyke FR	4) Headyana Piearu SO	
5 Roxbury CC		53.37 4
1) Nia Howard FR	2) Anya Francis FR	
3) Ashanti Martinez FR	4) Shanna Ellison FR	
6 Middlesex CC		54.22 3
1) Ewere Asuen FR	2) Coretta Browne FR	
3) Shaniqua Muniz FR	4) Yanique Folkes SO	
--- Mohawk Valley CC		DNF
1) Shauncey Claud FR	2) Diana DeJesus FR	
3) Sara Garrett FR	4) Lauren Penc FR	
--- Herkimer County CC		DNF
1) Maria Scerra FR	2) Justine Ward FR	
3) Chantal Salamone SO	4) Jen Lighthall FR	

**Women 4x400 Meter Relay**

Meet Record: 4:03.94 # 2002

Team	Relay	Finals
<b>Finals</b>		
1 Delhi		4:10.73 10
1) Emily Bilz SO	2) Kate Cole FR	
3) Ann Ward FR	4) Daira Veloz FR	
2 Mohawk Valley CC		4:15.27 8
1) Heather Vroman FR	2) Tiffany Ovieda FR	
3) Sara Garrett FR	4) Lauren Penc FR	
3 Prince George's CC		4:15.71 6
1) Sashoy Moffon FR	2) Amanda Gibson FR	
3) Shakeja Mottenon FR	4) Jessica Hannah SO	

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## Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals	
4 Erie		4:21.38	5
1) Jessica Campus SO	2) Gina Adornotto SO		
3) Elise Cramer FR	4) Kylie Reach SO		
5 DuPage		4:21.56	4
6 Queensborough CC		4:27.41	3
1) Mercy Sabblah FR	2) Haleemat Emozozo FR		
3) Shantel Peters FR	4) Laverne Hardy FR		
7 Glouceste		4:28.17	2
1) Della Sartor FR	2) Elaina Unger FR		
3) Tracy Dobkowski FR	4) Jacqueline Nisbett SO		
8 Alfred State		5:11.12	1
1) Reaghan Bulkley SO	2) Bridget McMahan FR		
3) Kaleigh Ligoci SO	4) Emily Johns FR		

## Women 4x800 Meter Relay

Meet Record: 9:35.54 # 2002

Team	Relay	Finals	
1 Mohawk Valley CC		10:06.43	10
1) Heather Vroman FR	2) Sara Pick FR		
3) Tiffany Ovieda FR	4) Lauren Penc FR		
2 Erie		10:09.57	8
1) Jessica Campus SO	2) Elise Cramer FR		
3) Kylie Reach SO	4) Gina Adornotto SO		
3 Delhi		10:19.29	6
1) Ann Ward FR	2) Kate Cole FR		
3) Danielle Metz FR	4) Kim McKay FR		
4 Finger Lakes CC		10:55.31	5
1) Emily Enright SO	2) Shannon O'Brien FR		
3) Casey Johnston FR	4) Brooke Everdyke FR		
5 Glouceste		11:21.29	4
1) Tracy Dobkowski FR	2) Heather DiCrescenzo SO		
3) Sam Moyer FR	4) Della Sartor FR		
6 Queensborough CC		11:31.99	3
1) Shantel Peters FR	2) Laverne Hardy FR		
3) Mercy Sabblah FR	4) Lizeth Pecho FR		
7 DuPage		12:12.45	2
1) Rachel Nyenhuis FR	2) Haileigh Peterson FR		
3) Jackie Huerta FR	4) Carissa Hollenbeck FR		
8 Herkimer County CC		12:20.79	1
1) Justine Ward FR	2) Kala Kaiser FR		
3) Amanda Link SO	4) Emmalee Kelting FR		

## Women High Jump

Meet Record: 1.65m # 2000

Name	Yr	School	Finals	
1 Victoria Mikszta	FR	Harper College	1.60m	10
2 Shawna McNeil	FR	Alfred State	1.55m	8
3 Bethany Ester	FR	DuPage	1.50m	6
4 Michelle Wilson	FR	Delhi	J1.50m	5
5 Diana DeJesus	FR	Mohawk Valley	1.45m	4
6 Emily Johns	FR	Alfred State	J1.45m	3
7 Justine Ward	FR	Herkimer County	1.40m	2

8 Della Sartor	FR	Glouceste	J1.40m	1
9 Maria Scerra	FR	Herkimer County	1.35m	
10 Jasmine Woolfork	FR	DuPage	J1.35m	
11 Rachel Jefferson	FR	DuPage	1.30m	
--- Shauncey Claud	FR	Mohawk Valley	NH	

## Women Pole Vault

Meet Record: 3.17m # 2007

Name	Yr	School	Finals	
1 Sarah Piraino	FR	DuPage	2.90m	10
2 Kim McKay	FR	Delhi	2.42m	8
3 Heather Sears	SO	Alfred State	J2.42m	6
4 Amanda Link	SO	Herkimer County	2.27m	5
5 Ashley Pyle	FR	DuPage	J2.27m	3.5
5 Katie Lauricella	FR	Erie	J2.27m	3.5
7 Alicia Morlock	FR	Erie	1.97m	2
8 Sydney Lauricella	FR	Erie	J1.97m	1
9 Cassandra Durant	FR	Alfred State	J1.97m	

## Women Long Jump

Meet Record: 5.80m # 2003

Name	Yr	School	Finals	
1 Nia Howard	FR	Roxbury CC	5.46m	10
2 Jacqueline Nisbett	SO	Glouceste	5.07m	8
3 Jen Lighthall	FR	Herkimer County	5.01m	6
4 Chantal Salamone	SO	Herkimer County	4.90m	5
5 Raquel Wade	FR	Monroe College	4.78m	4
6 Rachel Jefferson	FR	DuPage	4.77m	3
7 Bethany Ester	FR	DuPage	4.71m	2
8 Yanique Folkes	SO	Middlesex CC	4.70m	1
9 Renee Smith	FR	Finger Lakes CC	4.69m	
10 Elisa Stough	FR	DuPage	4.64m	
11 Della Sartor	FR	Glouceste	4.59m	
12 Reaghan Bulkley	SO	Alfred State	4.57m	
13 Ewere Asuen	FR	Middlesex CC	4.52m	
14 Destiny Lewis	SO	Erie	4.45m	
15 Sashoy Moffon	FR	Prince George's	4.43m	
16 Diana DeJesus	FR	Mohawk Valley	4.38m	
17 Maria Scerra	FR	Herkimer County	4.27m	
18 Dounia Dakkouni	FR	Montgomery	4.03m	
19 Elaina Unger	FR	Glouceste	3.64m	

## Women Triple Jump

Meet Record: 11.78m # 2003

Name	Yr	School	Finals	
1 Jacqueline Nisbett	SO	Glouceste	10.58m	10
2 Daira Veloz	FR	Delhi	10.47m	8
3 Rachel Jefferson	FR	DuPage	10.44m	6
4 Dounia Dakkouni	FR	Montgomery	10.34m	5
5 Yanique Folkes	SO	Middlesex CC	10.27m	4
6 Bethany Ester	FR	DuPage	10.12m	3
7 Chantal Salamone	SO	Herkimer County	10.11m	2
8 Anicka Lewis	SO	Kingsborough CC	9.81m	1

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**Finals ... (Women Triple Jump)**

Name	Yr	School	Finals
9 Della Sartor	FR	Glouceste	9.66m
10 Ewere Asuen	FR	Middlesex CC	9.60m
11 Jessica Campus	SO	Erie	9.48m
12 Michelle Wilson	FR	Delhi	9.07m
13 Elisa Stough	FR	DuPage	8.83m

**Women Shot Put**

Meet Record: 12.98m # 2008

Name	Yr	School	Finals
<b>Finals</b>			
1 Betsy Bailey	FR	Harper College	11.64m 10
2 Kayla Forgit	FR	Mohawk Valley	11.55m 8
3 Shana Blaney	SO	Northern Essex	11.08m 6
4 Vanessa Mensie	SO	Harper College	10.98m 5
5 Ashley Patterson	FR	DuPage	10.73m 4
6 Jen Lighthall	FR	Herkimer County	10.67m 3
7 Lindsey Johnson	FR	Alfred State	10.22m 2
8 Cindy Edouazin	SO	Suffolk Ccc	9.54m 1
9 Pareesha Leitons	FR	Delhi	9.30m
10 Elaina Unger	FR	Glouceste	8.76m

**Women Discus Throw**

Meet Record: 42.09m # 2003

Name	Yr	School	Finals
<b>Finals</b>			
1 Vanessa Mensie	SO	Harper College	40.16m 10
2 Ashley Patterson	FR	DuPage	39.05m 8
3 Kayla Forgit	FR	Mohawk Valley	35.37m 6
4 Shana Blaney	SO	Northern Essex	31.76m 5
5 Betsy Bailey	FR	Harper College	31.25m 4
6 Jen Lighthall	FR	Herkimer County	30.62m 3
7 Kathleen Walsh	FR	Suffolk Ccc	30.04m 2
8 Pareesha Leitons	FR	Delhi	29.10m 1
9 Kendra Trammel	FR	Finger Lakes CC	27.21m
10 Genevieve Dzialo	FR	Mohawk Valley	25.59m
11 Haleemat Emozozo	FR	Queensborough	20.55m
12 Natasha Jaikaran	FR	Middlesex CC	20.30m

**Women Hammer Throw**

Meet Record: 51.72m # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Vanessa Mensie	SO	Harper College	45.22m 10
2 Ashley Patterson	FR	DuPage	40.92m 8
3 Kayla Forgit	FR	Mohawk Valley	37.54m 6
4 Genevieve Dzialo	FR	Mohawk Valley	31.51m 5
5 Lindsey Johnson	FR	Alfred State	31.31m 4
6 Betsy Bailey	FR	Harper College	27.61m 3
7 Sara Garrett	FR	Mohawk Valley	26.08m 2
8 Sonia Omokaro	FR	Queensborough	21.06m 1
9 Mildred Souverain	FR	Queensborough	15.75m

**Women Javelin Throw**

Meet Record: 39.26m # 1999

Name	Yr	School	Finals
<b>Finals</b>			
1 Ashley Patterson	FR	DuPage	34.37m 10
2 Diana DeJesus	FR	Mohawk Valley	31.55m 8
3 Kathleen Walsh	FR	Suffolk Ccc	27.68m 6
4 Betsy Bailey	FR	Harper College	27.57m 5
5 Pareesha Leitons	FR	Delhi	26.29m 4
6 Natasha Jaikaran	FR	Middlesex CC	26.20m 3
7 Kayla Forgit	FR	Mohawk Valley	26.11m 2
8 Jen Lighthall	FR	Herkimer County	24.80m 1
9 Shauncey Claud	FR	Mohawk Valley	22.08m
10 Sarah Piraino	FR	DuPage	21.53m
11 Haleemat Emozozo	FR	Queensborough	21.50m
12 Kala Kaiser	FR	Herkimer County	19.60m
13 Ashley Pyle	FR	DuPage	16.31m

**Heptathlon: #4 Women 200 Meter Dash Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jen Lighthall	FR	Herkimer County	28.12 621
2 Chantal Salamone	SO	Herkimer County	28.75 573
3 Shawna McNeil	FR	Alfred State	29.10 547
4 Della Sartor	FR	Glouceste	29.22 538
5 Justine Ward	FR	Herkimer County	30.03 480
6 Amanda Cade	SO	Delhi	31.12 407
7 Anna Dauksa	FR	DuPage	32.71 310

**Heptathlon: #7 Women 800 Meter Run Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Shawna McNeil	FR	Alfred State	2:43.49 533
2 Justine Ward	FR	Herkimer County	2:44.12 527
3 Della Sartor	FR	Glouceste	2:45.66 510
4 Chantal Salamone	SO	Herkimer County	2:53.50 428
5 Jen Lighthall	FR	Herkimer County	2:58.11 383
6 Amanda Cade	SO	Delhi	2:58.67 378
7 Anna Dauksa	FR	DuPage	3:08.58 290

**Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Chantal Salamone	SO	Herkimer County	16.52 652
2 Shawna McNeil	FR	Alfred State	16.53 651
3 Amanda Cade	SO	Delhi	18.37 451
4 Jen Lighthall	FR	Herkimer County	18.76 413
5 Della Sartor	FR	Glouceste	20.22 284
6 Justine Ward	FR	Herkimer County	21.34 201
7 Anna Dauksa	FR	DuPage	22.51 127

**Heptathlon: #2 Women High Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Shawna McNeil	FR	Alfred State	1.54m 666

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**Finals ... (Heptathlon: #2 Women High Jump Heptathlon)**

Name	Yr	School	Finals
2 Chantal Salamone	SO	Herkimer County	1.48m 599
3 Della Sartor	FR	Glouceste	1.45m 566
4 Justine Ward	FR	Herkimer County	1.42m 534
5 Jen Lighthall	FR	Herkimer County	1.33m 439
5 Amanda Cade	SO	Delhi	1.33m 439
7 Anna Dauksa	FR	DuPage	1.12m 239

**Heptathlon: #5 Women Long Jump Heptathlon**

Name	Yr	School	Finals
1 Jen Lighthall	FR	Herkimer County	5.05m 573
2 Chantal Salamone	SO	Herkimer County	4.99m 557
3 Della Sartor	FR	Glouceste	4.51m 431
4 Shawna McNeil	FR	Alfred State	4.18m 350
5 Amanda Cade	SO	Delhi	4.02m 312
6 Justine Ward	FR	Herkimer County	3.85m 274
7 Anna Dauksa	FR	DuPage	2.95m 99

**Heptathlon: #3 Women Shot Put Heptathlon**

Name	Yr	School	Finals
1 Jen Lighthall	FR	Herkimer County	9.65m 507
2 Shawna McNeil	FR	Alfred State	8.60m 438
3 Chantal Salamone	SO	Herkimer County	7.54m 370
4 Della Sartor	FR	Glouceste	7.31m 355
5 Justine Ward	FR	Herkimer County	7.14m 344
6 Amanda Cade	SO	Delhi	6.45m 300
7 Anna Dauksa	FR	DuPage	5.34m 230

**Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Yr	School	Finals
1 Shawna McNeil	FR	Alfred State	24.04m 364
2 Jen Lighthall	FR	Herkimer County	23.71m 358
3 Justine Ward	FR	Herkimer County	23.67m 357
4 Amanda Cade	SO	Delhi	19.21m 274
5 Della Sartor	FR	Glouceste	17.63m 245
6 Chantal Salamone	SO	Herkimer County	16.97m 233
7 Anna Dauksa	FR	DuPage	13.51m 169

**Women Heptathlon**

Meet Record: 4082 # 2003

Name	Yr	School	Finals
1 Shawna McNeil	FR	Alfred State	3549 10
2 Chantal Salamone	SO	Herkimer County	3412 8
3 Jen Lighthall	FR	Herkimer County	3294 6
4 Della Sartor	FR	Glouceste	2929 5
5 Justine Ward	FR	Herkimer County	2717 4
6 Amanda Cade	SO	Delhi	2561 3
7 Anna Dauksa	FR	DuPage	1464 2

**Men 100 Meter Dash**

Meet Record: 10.50 # 1998

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Harold Houston	FR	Howard CC	10.92Q
2 Durell Cull	SO	Mohawk Valley	11.01Q
3 Andre Britton	FR	Delhi	11.07Q
4 Chris Brown	FR	Harper College	11.38Q
5 Michal Karwowski	FR	Harper College	11.25q
5 Jovannie Gardner	FR	Kingsborough CC	11.25q
7 Alvin Codner	FR	Erie	11.32q
7 Chester Bryant	FR	DuPage	11.32q
9 Kwame Banahene	SO	Bergen CC	11.36q
10 Eron Hodges	SO	DuPage	11.38q
11 Lalonde Gordon	FR	Mohawk Valley	11.40q
12 Kristopher Scott	SO	Thaddeus Stevens	11.42q
13 Ken Maddox	SO	Alfred State	11.44q
14 Nick Jackson	FR	Erie	11.50q
15 Jamie Gordon	SO	Howard CC	11.52q
16 Akeem Thompson	SO	Kingsborough CC	11.53q
17 Kyle Fitzpatrick	FR	Nassau CC	11.56
18 Juanieco Brown	FR	Harper College	11.58
19 Reginald Lloyd	FR	Thaddeus Stevens	11.80
20 Mike Fernandes	FR	CC Rhode Island	11.94
21 Myco Paulo	SO	Montgomery	11.99
22 Jonathan Alexis	FR	Kingsborough CC	12.02
23 Clayton Hayes	SO	Bronx CC	12.43
24 Donnie Smith	FR	DuPage	14.73

**Men 100 Meter Dash**

Meet Record: 10.50 # 1998

Name	Yr	School	Semis
<b>Semi-Finals</b>			
1 Harold Houston	FR	Howard CC	11.00Q
1 Durell Cull	SO	Mohawk Valley	11.00Q
3 Andre Britton	FR	Delhi	11.20q
3 Jovannie Gardner	FR	Kingsborough CC	11.20q
5 Alvin Codner	FR	Erie	11.40q
5 Lalonde Gordon	FR	Mohawk Valley	11.40q
5 Kwame Banahene	SO	Bergen CC	11.40q
5 Michal Karwowski	FR	Harper College	11.40q
9 Nick Jackson	FR	Erie	11.40
10 Chester Bryant	FR	DuPage	11.50
11 Kristopher Scott	SO	Thaddeus Stevens	11.60
11 Chris Brown	FR	Harper College	11.60
13 Jamie Gordon	SO	Howard CC	11.80
13 Eron Hodges	SO	DuPage	11.80
15 Ken Maddox	SO	Alfred State	11.90
15 Akeem Thompson	SO	Kingsborough CC	11.90

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**Men 100 Meter Dash**

Meet Record: 10.50 # 1998

Name	Yr	School	Finals
<b>Finals</b>			
1 Harold Houston	FR	Howard CC	10.64 10
2 Durell Cull	SO	Mohawk Valley	10.64 8
3 Andre Britton	FR	Delhi	10.91 6
4 Lalonde Gordon	FR	Mohawk Valley	11.02 5
5 Michal Karwowski	FR	Harper College	11.11 4
6 Jovannie Gardner	FR	Kingsborough CC	11.12 3
7 Kwame Banahene	SO	Bergen CC	11.19 2
8 Alvin Codner	FR	Erie	11.22 1

**Men 200 Meter Dash**

Meet Record: 21.20 # 2005

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Harold Houston	FR	Howard CC	21.73q
2 Dan Benton	SO	DuPage	21.82q
3 Andre Britton	FR	Delhi	21.93q
4 Michal Karwowski	FR	Harper College	22.07q
5 Lalonde Gordon	FR	Mohawk Valley	22.26q
6 Nick Jackson	FR	Erie	22.33q
7 Durell Cull	SO	Mohawk Valley	22.41q
8 Keoto Peterson	FR	Kingsborough CC	22.51q
9 Jovannie Gardner	FR	Kingsborough CC	22.51
10 Alvin Codner	FR	Erie	22.52
11 Kwame Banahene	SO	Bergen CC	22.63
12 Ken Maddox	SO	Alfred State	22.78
13 Eron Hodges	SO	DuPage	22.96
14 Chris Brown	FR	Harper College	22.98
15 Kevin Brown	FR	Gloucester	23.03
16 Chester Bryant	FR	DuPage	23.06
17 Chez McElveen	FR	Howard CC	23.08
18 Akeem Thompson	SO	Kingsborough CC	23.22
19 Fernando Castillo	FR	Harper College	23.48
20 Rod Streater	FR	Alfred State	23.51
21 Clayton Hayes	SO	Bronx CC	23.59
22 Bryan Culler	SO	Thaddeus Stevens	24.80

**Men 200 Meter Dash**

Meet Record: 21.20 # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Harold Houston	FR	Howard CC	21.24 10
2 Dan Benton	SO	DuPage	21.60 8
3 Andre Britton	FR	Delhi	21.64 6
4 Lalonde Gordon	FR	Mohawk Valley	21.97 5
5 Michal Karwowski	FR	Harper College	22.09 4
6 Nick Jackson	FR	Erie	22.51 3
7 Keoto Peterson	FR	Kingsborough CC	22.58 2
8 Durell Cull	SO	Mohawk Valley	23.80 1

**Men 400 Meter Dash**

Meet Record: 47.42 # 2005

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Dan Benton	SO	DuPage	48.05q
2 Kevin Brown	FR	Gloucester	49.01q
3 Morris Taylor	FR	Erie	49.51q
4 Keoto Peterson	FR	Kingsborough CC	49.59q
5 Zach Amidon	FR	Finger Lakes CC	49.86q
6 Fernando Castillo	FR	Harper College	50.59q
7 Kevin Boone	FR	Mohawk Valley	50.76q
8 Christopher Anderson	FR	Erie	50.90q
9 Chad Pardue	FR	Prince George's	51.12
10 William Jamiel	FR	Prince George's	51.38
11 Anthony Bavaro	FR	Harper College	51.42
12 Clayton Hayes	SO	Bronx CC	51.66
13 Isiah Bomberger	SO	Thaddeus Stevens	51.68
14 Jermane Williams	FR	Delhi	52.13
15 Eugene Warren	FR	Bergen CC	52.81
16 Rick Leonard	FR	DuPage	52.86
17 Darnell Armstrong	FR	Middlesex CC	53.29
18 Matt Glogau	SO	Cumberland CC	53.44
19 Euphrates Moore	SO	Finger Lakes CC	55.73
--- Kyle Youtz	FR	Thaddeus Stevens	FS

**Men 400 Meter Dash**

Meet Record: 47.42 # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Dan Benton	SO	DuPage	47.80 10
2 Morris Taylor	FR	Erie	48.46 8
3 Kevin Brown	FR	Gloucester	48.61 6
4 Keoto Peterson	FR	Kingsborough CC	49.30 5
5 Fernando Castillo	FR	Harper College	49.80 4
6 Zach Amidon	FR	Finger Lakes CC	50.01 3
7 Christopher Anderson	FR	Erie	50.58 2
8 Kevin Boone	FR	Mohawk Valley	50.76 1

**Men 800 Meter Run**

Meet Record: 1:50.46 # 1999

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kouri Falconer	FR	Queensborough	1:58.09Q
2 Jack Dalziel	FR	DuPage	1:58.98Q
3 Jeff Azzoto	FR	Mohawk Valley	1:58.96q
4 Josh Schultheis	SO	Delhi	1:59.14q
5 Chris Burke	FR	Delhi	1:59.54q
6 Andre Thompson	FR	Gloucester	2:00.10q
7 Corey Clavet	SO	Delhi	2:00.22q
8 Justin Koodish	SO	Middlesex CC	2:00.82q
9 Everett LaMountain	FR	CC Rhode Island	2:01.13
10 Sebastien Fread	FR	Prince George's	2:02.94
11 Abdi Ibrahim	FR	Roxbury CC	2:07.78

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**Preliminaries ... (Men 800 Meter Run)**

Name	Yr	School	Prelims
12 Robbie Young	SO	Montgomery	2:10.65

**Men 800 Meter Run**

Meet Record: 1:50.46 # 1999

Name	Yr	School	Finals
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**Finals**

1 Chris Burke	FR	Delhi	1:57.04	10
2 Kouri Falconer	FR	Queensborough	1:58.98	8
3 Andre Thompson	FR	Gloucester	2:00.54	6
4 Corey Clavet	SO	Delhi	2:01.13	5
5 Jeff Azzoto	FR	Mohawk Valley	2:01.41	4
6 Josh Schultheis	SO	Delhi	2:02.07	3
7 Jack Dalziel	FR	DuPage	2:05.20	2
8 Justin Koodish	SO	Middlesex CC	2:08.49	1

**Men 1500 Meter Run**

Meet Record: 3:58.70 # 2004

Name	Yr	School	Finals
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**Finals**

1 Chris Burke	FR	Delhi	4:02.20	10
2 Jack Dalziel	FR	DuPage	4:03.91	8
3 Chris Mason	SO	Delhi	4:10.94	6
4 Josh Schultheis	SO	Delhi	4:10.99	5
5 Justin Koodish	SO	Middlesex CC	4:15.77	4
6 Everett LaMountain	FR	CC Rhode Island	4:15.88	3
7 Logan Drummer	FR	Alfred State	4:16.41	2
8 Tory Cange	FR	Suffolk Ccc	4:16.89	1
9 Matthew Owlett	FR	Alfred State	4:22.99	
10 Abdi Ibrahim	FR	Roxbury CC	4:33.02	

**Men 5000 Meter Run**

Meet Record: 15:15.15 # 2008

Name	Yr	School	Finals
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**Finals**

1 Chris Mason	SO	Delhi	15:58.78	10
2 Will Ennis	FR	Delhi	16:16.19	8
3 Chris Kelly	FR	Gloucester	16:32.05	6
4 John Sweeney	FR	Alfred State	16:33.93	5
5 Chris Hoffman	FR	Harper College	16:41.69	4
6 Todd Butters	FR	Mohawk Valley	16:45.05	3
7 Brian Allen	SO	Howard CC	16:47.98	2
8 Kelson Logan	FR	Montgomery	16:55.14	1
9 Aaron Allen	SO	Suffolk Ccc	16:55.56	
10 Corey Pepero	FR	Erie	17:03.28	
11 Nick Keane	FR	Howard CC	17:04.81	
12 Everett LaMountain	FR	CC Rhode Island	17:12.10	
13 Cliff Shambry	SO	Cumberland CC	17:32.77	
14 Ryan Perry	FR	DuPage	18:14.68	
15 Alan D'Ambrogio	SO	DuPage	18:14.78	

**Men 10000 Meter Run**

Meet Record: 32:12.32 # 2008

Name	Yr	School	Finals
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**Finals**

1 Chris Mason	SO	Delhi	32:51.10	10
2 John Sweeney	FR	Alfred State	34:27.89	8
3 Will Ennis	FR	Delhi	34:35.44	6
4 Tim Flynn	SO	Delhi	35:06.45	5
5 Cliff Shambry	SO	Cumberland CC	35:08.67	4
6 Chris Hoffman	FR	Harper College	35:10.05	3
7 Brian Allen	SO	Howard CC	35:50.07	2
8 Sagar Patel	SO	Harper College	36:09.20	1
9 Greg Grigus	FR	Erie	36:55.40	
10 Chris Shinsako	FR	DuPage	37:12.90	
11 Ryan Perry	FR	DuPage	38:25.97	
12 Ben Howard	FR	Finger Lakes CC	41:11.20	
--- Corey Smith	SO	Alfred State	DNF	

**Men 110 Meter Hurdles**

Meet Record: 14.44 # 2002

Name	Yr	School	Prelims
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**Preliminaries**

1 Joe Pruckno	FR	Mohawk Valley	15.20Q
2 Johnathan Collins	FR	Prince George's	16.16Q
3 Brian Shaw	FR	DuPage	16.10q
4 Roger Bordeau	FR	DuPage	16.19q
5 Blake Heyman	FR	Harper College	16.23q
6 Michael Cooper	FR	Thaddeus Stevens	16.51q
7 Adam Modzelewski	SO	Middlesex CC	16.62q
8 Josh Tikka	FR	DuPage	16.64q
9 Santino Emmanuele	FR	Mohawk Valley	16.67
10 Mark Parisen	FR	Middlesex CC	16.91
11 Anthony Higareda	FR	Gloucester	17.45
12 Arkil Straker	SO	Delhi	18.40

**Men 110 Meter Hurdles**

Meet Record: 14.44 # 2002

Name	Yr	School	Finals
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**Finals**

1 Joe Pruckno	FR	Mohawk Valley	15.23	10
2 Roger Bordeau	FR	DuPage	15.60	8
3 Brian Shaw	FR	DuPage	15.68	6
4 Blake Heyman	FR	Harper College	15.90	5
5 Johnathan Collins	FR	Prince George's	16.19	4
6 Michael Cooper	FR	Thaddeus Stevens	16.43	3
7 Josh Tikka	FR	DuPage	16.54	2
8 Adam Modzelewski	SO	Middlesex CC	17.02	1

**Men 400 Meter Hurdles**

Meet Record: 51.85 # 2002

Name	Yr	School	Prelims
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**Preliminaries**

1 Ricardo Garcia	SO	Bergen CC	54.85Q
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## Preliminaries ... (Men 400 Meter Hurdles)

Name	Yr	School	Prelims
2 Isaiah Phillip	FR	Mohawk Valley	54.92Q
3 Brian Shaw	FR	DuPage	56.12Q
4 Chad Pardue	FR	Prince George's	55.91q
5 Chris Babcock	FR	Delhi	56.23q
6 Adam Modzelewski	SO	Middlesex CC	56.26q
7 Zach Amidon	FR	Finger Lakes CC	56.28q
8 Mark Parisen	FR	Middlesex CC	57.83q
9 Kevin Wartinger	FR	Erie	57.94
10 Willian Jamiel	FR	Prince George's	58.63
11 Eugene Warren	FR	Bergen CC	58.70
12 Josh Tikka	FR	DuPage	58.79
13 James Robinson	FR	Herkimer County	59.49
14 Matt Glogau	SO	Cumberland CC	59.97
15 Roger Bordeau	FR	DuPage	1:00.32
16 Tucker Failing	FR	Howard CC	1:00.48
17 Arkil Straker	SO	Delhi	1:02.92
--- Johnathan Collins	FR	Prince George's	DNF
--- Andrew Bennett	FR	Delhi	DNF

## Men 400 Meter Hurdles

Meet Record: 51.85 # 2002

Name	Yr	School	Finals
<b>Finals</b>			
1 Ricardo Garcia	SO	Bergen CC	54.78 10
2 Adam Modzelewski	SO	Middlesex CC	54.85 8
3 Isaiah Phillip	FR	Mohawk Valley	55.38 6
4 Brian Shaw	FR	DuPage	56.50 5
5 Chris Babcock	FR	Delhi	56.84 4
6 Zach Amidon	FR	Finger Lakes CC	57.21 3
7 Mark Parisen	FR	Middlesex CC	57.23 2
8 Chad Pardue	FR	Prince George's	1:00.58 1

## Men 3000 Meter Steeplechase

Meet Record: 9:28.51 # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Ethan Lennox	FR	Delhi	10:07.99 10
2 Billy Dayton	FR	Delhi	10:12.72 8
3 Alex Medina	FR	Queensborough	10:16.22 6
4 Kelson Logan	FR	Montgomery	10:23.15 5
5 Peter Francia	FR	Alfred State	10:26.00 4
6 Scott Dillon	FR	Erie	10:30.42 3
7 Kevin Mulcahy	FR	Mohawk Valley	10:37.87 2
8 Chris Kelly	FR	Glouceste	10:40.60 1
9 Robbie Young	SO	Montgomery	10:48.11
10 Corey Smith	SO	Alfred State	10:49.93
11 Mitch Isaacson	FR	DuPage	11:21.25
12 Mike Schmidt	FR	Delhi	11:28.14
13 Chris Hoffman	FR	Harper College	11:42.07
14 Rafael Nunez	FR	Queensborough	11:54.50

## Men 4x100 Meter Relay

Meet Record: 41.29 # 1998

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Erie		42.05Q
1) Alvin Codner FR	2) Nick Jackson FR	
3) Christopher Anderson FR	4) Morris Taylor FR	
2 DuPage		42.75Q
1) Chester Bryant FR	2) Donnie Smith FR	
3) Troy Doris FR	4) Dan Benton SO	
3 Mohawk Valley CC		42.78q
1) Isaiah Phillip FR	2) Lalonde Gordon FR	
3) Tracey Davis FR	4) Durell Cull SO	
4 Harper College		42.96q
1) Chris Brown FR	2) Michal Karwowski FR	
3) Travis Pruitt FR	4) Juanieco Brown FR	
5 Kingsborough CC		43.27q
1) Akeem Thompson SO	2) Jovannie Gardner FR	
3) Sean Hamil FR	4) Keoto Peterson FR	
6 Howard CC		43.68q
1) Jamie Gordon SO	2) Harold Houston FR	
3) Chez McElveen FR	4) Giancarlo Simpson FR	
7 Thaddeus Stevens		44.50q
1) Kyle Youtz FR	2) Reginald Lloyd FR	
3) Matthew Jones SO	4) Kristopher Scott SO	
8 Delhi		44.70q
1) Sean Messenger SO	2) Andre Britton FR	
3) Jermane Williams FR	4) Matt Holmes FR	
9 Prince George's CC		44.72
1) Cadien Lawrence FR	2) Chad Pardue FR	
3) Johnathan Collins FR	4) Brad Gilkes SO	
10 Alfred State		44.87
1) Jarrod Glaser FR	2) Rod Streater FR	
3) Ken Maddox SO	4) Lemanuel Hawkins FR	
11 Queensborough CC		45.33
1) Jean Desrosiers FR	2) Alex Medina FR	
3) Omar Rodriguez FR	4) Jahmel Upshaw FR	
12 Finger Lakes CC		45.46
1) Euphrates Moore SO	2) Mike Werner SO	
3) Josh Shelton FR	4) Shane Shaffer SO	
13 Glouceste		46.33
1) Khalif Church FR	2) Shehab Uddin FR	
3) Shuan Al-Hassan FR	4) Anthony Higareda FR	

## Men 4x100 Meter Relay

Meet Record: 41.29 # 1998

Team	Relay	Finals
<b>Finals</b>		
1 DuPage		42.02 10
1) Chester Bryant FR	2) Donnie Smith FR	
3) Eron Hodges SO	4) Dan Benton SO	
2 Erie		42.23 8
1) Alvin Codner FR	2) Nick Jackson FR	
3) Christopher Anderson FR	4) Morris Taylor FR	

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## Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals	
3 Mohawk Valley CC		42.78	6
1) Isaiah Phillip FR	2) Lalonde Gordon FR		
3) Santino Emmanuele FR	4) Durell Cull SO		
4 Howard CC		42.80	5
1) Jamie Gordon SO	2) Harold Houston FR		
3) Chez McElveen FR	4) Giancarlo Simpson FR		
5 Harper College		42.99	4
1) Chris Brown FR	2) Michal Karwowski FR		
3) Travis Pruitt FR	4) Blake Heyman FR		
6 Thaddeus Stevens		44.82	3
1) Kyle Youtz FR	2) Reginald Lloyd FR		
3) Matthew Jones SO	4) Kristopher Scott SO		
7 Delhi		46.53	2
1) Jermane Williams FR	2) Matt Holmes FR		
3) Arkil Straker SO	4) Chris Babcock FR		
--- Kingsborough CC		DNF	
1) Jovannie Gardner FR	2) Akeem Thompson SO		
3) Sean Hamil FR	4) Keoto Peterson FR		

## Men 4x400 Meter Relay

Meet Record: 3:18.41 # 1999

Team	Relay	Prelims	
1 Erie		3:19.85Q	
1) Jared Mutka FR	2) Christopher Anderson FR		
3) Nick Jackson FR	4) Morris Taylor FR		
2 Harper College		3:21.43Q	
1) Chris Brown FR	2) Anthony Bavaro FR		
3) Michal Karwowski FR	4) Fernando Castillo FR		
3 DuPage		3:21.54q	
1) Brian Shaw FR	2) Chester Bryant FR		
3) Eron Hodges SO	4) Dan Benton SO		
4 Mohawk Valley CC		3:24.72q	
1) Jeff Azzoto FR	2) Kevin Boone FR		
3) Santino Emmanuele FR	4) Isaiah Phillip FR		
5 Kingsborough CC		3:25.53q	
1) Sean Hamil FR	2) Akeem Thompson SO		
3) Jovannie Gardner FR	4) Keoto Peterson FR		
6 Thaddeus Stevens		3:26.58q	
1) Kyle Youtz FR	2) Terance Kramer SO		
3) Kristopher Scott SO	4) Isiah Bomberger SO		
7 Prince George's CC		3:27.19q	
1) Sebastien Fread FR	2) William Jamiel FR		
3) Chad Pardue FR	4) Cadien Lawrence FR		
8 Queensborough CC		3:27.33q	
1) Kouri Falconer FR	2) Jahmel Upshaw FR		
3) Rafael Nunez FR	4) Alex Medina FR		
9 Delhi		3:28.19	
1) Josh Schultheis SO	2) Jermane Williams FR		
3) Corey Clavet SO	4) Chris Babcock FR		
10 Finger Lakes CC		3:30.09	
1) Josh Shelton FR	2) Euphrates Moore SO		
3) Shane Shaffer SO	4) Mike Werner SO		

11 Middlesex CC		3:30.09	
1) Darnell Armstrong FR	2) Mark Parisen FR		
3) Justin Koodish SO	4) Adam Modzelewski SO		
12 Alfred State		3:30.49	
1) Brian Zintel SO	2) Hector Cuero SO		
3) Schuyler Duross FR	4) Russell Weidler FR		
13 Howard CC		3:38.56	
1) Tucker Failing FR	2) Sean Hughes FR		
3) Giancarlo Simpson FR	4) Chez McElveen FR		
14 Gloucester		3:39.55	
1) Anthony Higareda FR	2) Shuan Al-Hassan FR		
3) Andre Thompson FR	4) Kevin Brown FR		

## Men 4x400 Meter Relay

Meet Record: 3:18.41 # 1999

Team	Relay	Finals	
1 Erie		3:18.01#	10
1) Jared Mutka FR	2) Nick Jackson FR		
3) Christopher Anderson FR	4) Morris Taylor FR		
2 Harper College		3:20.80	8
1) Chris Brown FR	2) Anthony Bavaro FR		
3) Fernando Castillo FR	4) Michal Karwowski FR		
3 Mohawk Valley CC		3:21.29	6
1) Lalonde Gordon FR	2) Isaiah Phillip FR		
3) Kevin Boone FR	4) Jeff Azzoto FR		
4 DuPage		3:21.77	5
1) Brian Shaw FR	2) Chester Bryant FR		
3) Eron Hodges SO	4) Dan Benton SO		
5 Kingsborough CC		3:26.56	4
1) Jovannie Gardner FR	2) Sean Hamil FR		
3) Akeem Thompson SO	4) Keoto Peterson FR		
6 Thaddeus Stevens		3:27.42	3
1) Kyle Youtz FR	2) Terance Kramer SO		
3) Kristopher Scott SO	4) Isiah Bomberger SO		
7 Prince George's CC		3:27.47	2
1) Sebastien Fread FR	2) William Jamiel FR		
3) Chad Pardue FR	4) Johnathan Collins FR		
8 Queensborough CC		3:27.51	1
1) Kouri Falconer FR	2) Jahmel Upshaw FR		
3) Rafael Nunez FR	4) Alex Medina FR		

## Men 4x800 Meter Relay

Meet Record: 7:45.88 # 2004

Team	Relay	Finals	
1 Delhi		7:50.48	10
1) Chris Babcock FR	2) Josh Schultheis SO		
3) Corey Clavet SO	4) Chris Burke FR		
2 Middlesex CC		8:00.99	8
1) Mark Parisen FR	2) Adam Modzelewski SO		
3) Darnell Armstrong FR	4) Justin Koodish SO		
3 Mohawk Valley CC		8:05.19	6
1) Jeff Azzoto FR	2) Todd Butters FR		
3) Kevin Mulcahy FR	4) Dave Wroblecki FR		

## 2009 NJCAA Division III Outdoor Championships - 5/7/2009 to 5/9/2009

## Alfred State College

## Results

## Finals ... (Men 4x800 Meter Relay)

Team	Relay	Finals
4 Alfred State		8:08.27 5
1) Brian Zintel SO	2) Hector Cuero SO	
3) Matthew Owlett FR	4) Logan Drummer FR	
5 Erie		8:08.75 4
1) Jared Mutka FR	2) Kevin Wartinger FR	
3) Corey Pepero FR	4) Scott Dillon FR	
6 Queensborough CC		8:18.92 3
1) Alex Medina FR	2) Rafael Nunez FR	
3) Jean Desrosiers FR	4) Jahmel Upshaw FR	
7 DuPage		8:19.42 2
1) Josh Tikka FR	2) Mitch Isaacson FR	
3) Rick Leonard FR	4) Jack Dalziel FR	
8 Bergen CC		8:22.93 1
1) Marcus Brown FR	2) Michael Brown FR	
3) Eugene Warren FR	4) Ricardo Garcia SO	
9 Howard CC		8:25.36
1) Milo Barry FR	2) Tucker Failing FR	
3) Sean Hughes FR	4) Nick Keane FR	
10 Prince George's CC		8:28.55
1) Chad Pardue FR	2) Sebastien Fread FR	
3) William Jamiel FR	4) Juan Landeros FR	
11 Harper College		8:34.50
1) Nate Stadeker FR	2) Pat Souder FR	
3) Alex Cirillo SO	4) Anthony Bavaro FR	
12 Gloucester		8:35.90
1) Kevin Brown FR	2) Chris Kelly FR	
3) Cameron Kane FR	4) Andre Thompson FR	

## Men High Jump

Meet Record: 2.09m # 2001

Name	Yr	School	Finals
<b>Finals</b>			
1 Rod Streater	FR	Alfred State	1.95m 10
2 Matthew Sullivan	FR	Gloucester	J1.95m 8
3 Aaron Ryan	FR	Erie	1.90m 5.5
3 Yoann Romney	FR	Monroe College	1.90m 5.5
5 Maxwell Jackson	FR	Harper College	1.85m 4
6 Tyler Austin	SO	Harper College	J1.85m 3
7 Shaw Bucker	FR	Prince George's	J1.85m 2
8 Tim Wagner	SO	DuPage	J1.85m 1
9 Cadien Lawrence	FR	Prince George's	J1.85m
10 Norman Frazier	FR	DuPage	J1.85m
11 Johnathan Collins	FR	Prince George's	1.80m
12 Schuyler Duross	FR	Alfred State	J1.80m
13 Shareef Chandler-El	FR	Harper College	1.75m
--- Casey Beattie	FR	Mohawk Valley	NH
--- Steven Barcklow	SO	Gloucester	NH
--- Justin Lawrence	FR	DuPage	NH

## Men Pole Vault

Meet Record: 4.96m # 2004

Name	Yr	School	Finals
<b>Finals</b>			
1 Alex Curran	SO	Alfred State	4.32m 10

2 Dan Reynolds	SO	Alfred State	J4.32m 8
3 Broncho Rollins	SO	Alfred State	4.17m 6
4 Dan Koeller	FR	DuPage	J4.17m 5
5 Nick Quas	FR	DuPage	J4.17m 4
6 Carlos Carabajal	SO	Harper College	4.02m 3
7 Gerard Keegan	FR	Suffolk Ccc	3.87m 2
8 Nathan Korol	FR	DuPage	J3.87m 1
9 Adam Diekewicz	FR	Gloucester	3.72m
10 Aaron Follman	FR	Herkimer County	3.42m
--- Fred Garassi	FR	Erie	NH
--- Adam Scheele	SO	Finger Lakes CC	NH

## Men Long Jump

Meet Record: 7.25m # 2004

Name	Yr	School	Finals
<b>Finals</b>			
1 Wenley Louis	FR	Alfred State	7.10m 10
2 Justin Lawrence	FR	DuPage	7.08m 8
3 Tracey Davis	FR	Mohawk Valley	6.93m 6
4 Travis Pruitt	FR	Harper College	J6.50m 5
5 Troy Doris	FR	DuPage	J6.50m 4
6 Isiah Holcombe	FR	Harper College	6.42m 3
7 Nick Jackson	FR	Erie	6.40m 2
8 Jonathan Alexis	FR	Kingsborough CC	6.24m 1
9 Cameron Miller	FR	Prince George's	6.18m
10 Shehab Uddin	FR	Gloucester	6.15m
11 Robert Clark	FR	Cumberland CC	6.12m
11 Michal Karwowski	FR	Harper College	6.12m
13 Cadien Lawrence	FR	Prince George's	6.10m
14 Tim Wagner	SO	DuPage	6.09m
15 Shaw Bucker	FR	Prince George's	5.93m
15 Russell Weidler	FR	Alfred State	5.93m
17 Marvin Cox	FR	Kingsborough CC	5.71m
18 Michael Cooper	FR	Thaddeus Stevens	5.52m
19 Brandon Hodges	SO	Middlesex CC	4.84m
20 Kurt Vowell	FR	Herkimer County	3.55m

## Men Triple Jump

Meet Record: 14.86m # 2002

Name	Yr	School	Finals
<b>Finals</b>			
1 Troy Doris	FR	DuPage	14.68m 10
2 Wenley Louis	FR	Alfred State	14.17m 8
3 Shareef Chandler-El	FR	Harper College	14.02m 6
4 Darius Voss	SO	Harper College	13.52m 5
5 Isiah Holcombe	FR	Harper College	13.50m 4
6 Justin Lawrence	FR	DuPage	J13.50m 3
7 Marvin Cox	FR	Kingsborough CC	13.47m 2
8 Gladimir Sanon	FR	Mohawk Valley	13.10m 1
9 Shaw Bucker	FR	Prince George's	12.88m
10 Jonathan Alexis	FR	Kingsborough CC	12.86m
11 Cameron Miller	FR	Prince George's	12.68m
12 Euphrates Moore	SO	Finger Lakes CC	12.58m
13 Brandon Hodges	SO	Middlesex CC	12.46m
14 Johnathan Collins	FR	Prince George's	12.27m
15 Raymon Washington	FR	Roxbury CC	12.18m

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## Alfred State College

## Results

## Finals ... (Men Triple Jump)

Name	Yr	School	Finals
16 Russell Weidler	FR	Alfred State	12.09m
17 Kurt Vowell	FR	Herkimer County	12.01m
18 Shehab Uddin	FR	Gloucest	11.62m

## Men Shot Put

Meet Record: 16.59m # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Ryan Asta	SO	Harper College	16.83m# 10
2 Cornelius Watkin	FR	Harper College	15.68m 8
3 David Gross	FR	Alfred State	15.05m 6
4 Matt Royer	SO	Harper College	13.99m 5
5 Joseph Charles	FR	Bronx CC	13.84m 4
6 Terrance Flowers	FR	Herkimer County	13.70m 3
7 Brent Titus	FR	Erie	13.43m 2
8 Shane Power	FR	Bergen CC	12.92m 1
9 Emilio Salinas	FR	DuPage	12.73m
10 Chad Flint	FR	DuPage	12.37m
11 Tom Kiser	FR	DuPage	12.00m
12 Jason Marti	SO	Bergen CC	11.25m

## Men Discus Throw

Meet Record: 48.98m # 2004

Name	Yr	School	Finals
<b>Finals</b>			
1 Brent Titus	FR	Erie	55.69m# 10
2 Ryan Asta	SO	Harper College	46.49m 8
3 Cornelius Watkin	FR	Harper College	44.32m 6
4 Mike Golombek	FR	Erie	43.51m 5
5 David Gross	FR	Alfred State	41.49m 4
6 Marlon Dwyer	FR	Monroe College	40.57m 3
7 Emilio Salinas	FR	DuPage	39.54m 2
8 Tom Kiser	FR	DuPage	38.53m 1
9 Balawal Saohail	FR	Bergen CC	36.10m
10 Jason Dibugno	FR	Monroe College	34.81m
11 Dustin Colgan	SO	Mohawk Valley	33.80m
12 Matt Royer	SO	Harper College	32.98m
13 Ramazan Nanayev	FR	Bergen CC	32.46m
14 Joseph Charles	FR	Bronx CC	31.67m
15 Jason Marti	SO	Bergen CC	30.98m
16 Laron Blount	FR	Kingsborough CC	29.76m

## Men Hammer Throw

Meet Record: 51.81m # 2005

Name	Yr	School	Finals
<b>Finals</b>			
1 Ryan Asta	SO	Harper College	52.93m# 10
2 Matt Royer	SO	Harper College	50.46m 8
3 Cornelius Watkin	FR	Harper College	48.45m 6
4 David Gross	FR	Alfred State	48.18m 5
5 Brent Titus	FR	Erie	48.08m 4
6 Jason Dibugno	FR	Monroe College	46.51m 3
7 Joseph Charles	FR	Bronx CC	43.10m 2
8 Greg Schreppel	FR	Mohawk Valley	40.49m 1

9 Tom Kiser	FR	DuPage	39.45m
10 Laron Blount	FR	Kingsborough CC	35.37m
11 Mike Golombek	FR	Erie	34.98m
12 Emilio Salinas	FR	DuPage	33.27m
13 Oludamilare Adetimehin	FR	Kingsborough CC	27.46m
14 Shane Power	FR	Bergen CC	25.49m
--- Jason Marti	SO	Bergen CC	FOUL

## Men Javelin Throw

Meet Record: 64.03m # 2004

Name	Yr	School	Finals
<b>Finals</b>			
1 Chris Johnston	FR	Gloucest	52.01m 10
2 Wyatt Brosey	FR	Thaddeus Stevens	51.08m 8
3 Ryan Asta	SO	Harper College	48.56m 6
4 Sargon Youssef	FR	Harper College	46.76m 5
5 Mike Fernandes	FR	CC Rhode Island	45.32m 4
6 Dustin Colgan	SO	Mohawk Valley	44.19m 3
7 Steven Barcklow	SO	Gloucest	43.90m 2
8 Emilio Salinas	FR	DuPage	43.49m 1
9 Jabari Brown	SO	Bergen CC	42.96m
10 Tom Kiser	FR	DuPage	42.62m
11 Casey Beattie	FR	Mohawk Valley	40.71m
12 Joe Frederickson	FR	CC Rhode Island	39.88m
13 John Dispensa	FR	DuPage	39.55m
14 Aaron Ryan	FR	Erie	36.58m
15 Matt Holmes	FR	Delhi	36.52m
16 Jeff Hotaling	SO	Delhi	35.85m
17 Balawal Saohail	FR	Bergen CC	35.38m

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Schuyler Duross	FR	Alfred State	11.91 669
2 Aaron Ryan	FR	Erie	12.45 565
3 Joe Doolan	FR	DuPage	12.60 538
4 Matt Holmes	FR	Delhi	12.73 515
5 Fred Garassi	FR	Erie	12.79 504
6 John Dispensa	FR	DuPage	12.85 494
7 Jarrod Glaser	FR	Alfred State	12.96 475
8 Andrew Bennett	FR	Delhi	12.98 471
9 John Jagielo	FR	DuPage	12.99 470

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Schuyler Duross	FR	Alfred State	51.95 727
2 Aaron Ryan	FR	Erie	54.50 619
3 Andrew Bennett	FR	Delhi	56.36 545
4 John Jagielo	FR	DuPage	57.16 515
5 Jarrod Glaser	FR	Alfred State	57.21 513
6 Matt Holmes	FR	Delhi	57.73 494
7 Fred Garassi	FR	Erie	58.32 472
8 Joe Doolan	FR	DuPage	59.43 433
9 John Dispensa	FR	DuPage	1:00.46 398

## 2009 NJCAA Division III Outdoor Championships - 5/7/2009 to 5/9/2009

## Alfred State College

## Results

**Decathlon: #10 Men 1500 Meter Run Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Joe Doolan	FR	DuPage	4:56.73	579
2 Schuyler Duross	FR	Alfred State	5:02.47	546
3 Aaron Ryan	FR	Erie	5:03.61	539
4 Andrew Bennett	FR	Delhi	5:06.52	523
5 Fred Garassi	FR	Erie	5:11.12	497
6 John Jagielo	FR	DuPage	5:12.77	488
7 Matt Holmes	FR	Delhi	5:18.68	457
8 Jarrod Glaser	FR	Alfred State	5:19.27	454
9 John Dispensa	FR	DuPage	5:47.77	316

**Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Schuyler Duross	FR	Alfred State	17.62	561
2 Aaron Ryan	FR	Erie	18.60	468
3 Andrew Bennett	FR	Delhi	18.65	464
4 Fred Garassi	FR	Erie	19.23	413
5 John Dispensa	FR	DuPage	19.56	385
6 Matt Holmes	FR	Delhi	19.69	374
7 John Jagielo	FR	DuPage	19.92	356
8 Joe Doolan	FR	DuPage	21.03	272
9 Jarrod Glaser	FR	Alfred State	21.73	225

**Decathlon: #4 Men High Jump Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Aaron Ryan	FR	Erie	1.95m	758
2 Schuyler Duross	FR	Alfred State	1.86m	679
3 Andrew Bennett	FR	Delhi	1.74m	577
3 Matt Holmes	FR	Delhi	1.74m	577
5 John Dispensa	FR	DuPage	1.62m	480
6 Fred Garassi	FR	Erie	1.59m	457
6 Joe Doolan	FR	DuPage	1.59m	457
6 John Jagielo	FR	DuPage	1.59m	457
9 Jarrod Glaser	FR	Alfred State	1.56m	434

**Decathlon: #8 Men Pole Vault Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Schuyler Duross	FR	Alfred State	3.70m	535
2 Joe Doolan	FR	DuPage	3.50m	482
3 John Dispensa	FR	DuPage	3.40m	457
4 Jarrod Glaser	FR	Alfred State	3.30m	431
5 Matt Holmes	FR	Delhi	3.20m	406
6 Fred Garassi	FR	Erie	3.00m	357
7 John Jagielo	FR	DuPage	2.80m	309
8 Aaron Ryan	FR	Erie	2.70m	286
9 Andrew Bennett	FR	Delhi	2.50m	242

**Decathlon: #2 Men Long Jump Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Aaron Ryan	FR	Erie	6.19m	628
2 Schuyler Duross	FR	Alfred State	5.99m	584
3 Matt Holmes	FR	Delhi	5.30m	441
4 John Jagielo	FR	DuPage	5.19m	419
4 Andrew Bennett	FR	Delhi	5.19m	419
6 Joe Doolan	FR	DuPage	5.07m	396
7 Fred Garassi	FR	Erie	4.96m	375
8 Jarrod Glaser	FR	Alfred State	4.89m	361
9 John Dispensa	FR	DuPage	4.68m	323

**Decathlon: #3 Men Shot Put Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Aaron Ryan	FR	Erie	9.78m	472
2 Schuyler Duross	FR	Alfred State	9.13m	434
2 John Dispensa	FR	DuPage	9.13m	434
4 Andrew Bennett	FR	Delhi	9.02m	427
5 Matt Holmes	FR	Delhi	8.64m	404
6 Fred Garassi	FR	Erie	8.24m	381
7 Joe Doolan	FR	DuPage	8.21m	379
8 John Jagielo	FR	DuPage	7.71m	349
9 Jarrod Glaser	FR	Alfred State	7.66m	346

**Decathlon: #7 Men Discus Throw Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Matt Holmes	FR	Delhi	30.89m	482
2 Aaron Ryan	FR	Erie	30.49m	474
3 John Dispensa	FR	DuPage	28.27m	431
4 Fred Garassi	FR	Erie	28.07m	427
5 Schuyler Duross	FR	Alfred State	27.73m	420
6 Joe Doolan	FR	DuPage	26.83m	402
7 John Jagielo	FR	DuPage	24.29m	353
8 Jarrod Glaser	FR	Alfred State	23.81m	344
9 Andrew Bennett	FR	Delhi	19.64m	265

**Decathlon: #9 Men Javelin Throw Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 John Dispensa	FR	DuPage	45.20m	518
2 Aaron Ryan	FR	Erie	40.05m	443
3 Fred Garassi	FR	Erie	39.63m	437
4 Joe Doolan	FR	DuPage	37.84m	411
5 Andrew Bennett	FR	Delhi	36.23m	388
6 Matt Holmes	FR	Delhi	34.17m	358
7 Jarrod Glaser	FR	Alfred State	33.70m	352
8 Schuyler Duross	FR	Alfred State	31.55m	321
9 John Jagielo	FR	DuPage	28.37m	276

**2009 NJCAA Division III Outdoor Championships - 5/7/2009 to 5/9/2009****Alfred State College****Results****Men Decathlon****Meet Record: 6072 # 2004**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schuyler Duross	FR	Alfred State	5476 10
2 Aaron Ryan	FR	Erie	5252 8
3 Matt Holmes	FR	Delhi	4508 6
4 Joe Doolan	FR	DuPage	4349 5
5 Andrew Bennett	FR	Delhi	4321 4
6 Fred Garassi	FR	Erie	4320 3
7 John Dispensa	FR	DuPage	4236 2
8 John Jagielo	FR	DuPage	3992 1
9 Jarrod Glaser	FR	Alfred State	3935

21) Herkimer County CC	3
21) Suffolk County CC -Gran	3

**Women - Team Rankings - 22 Events Scored**

1) Mohawk Valley CC	140
2) DuPage	103.5
3) Delhi	97
4) Gloucester County College	77
5) Harper College	65
6) Herkimer County CC	54
7) Alfred State	53
8) Finger Lakes CC	40
9) Erie	36.5
10) Suffolk County CC -Gran	33
11) Roxbury CC	28
12) Queensborough CC	22
12) Kingsborough CC	22
14) Bronx CC	18
14) Prince George's CC	18
16) Northern Essex CC	15
17) Middlesex CC	11
18) Nassau CC	6
19) Montgomery College	5
20) Monroe College	4

**Men - Team Rankings - 22 Events Scored**

1) Harper College	142
2) Delhi	134
3) DuPage	114
4) Alfred State	101
5) Erie	78.5
6) Mohawk Valley CC	74
7) Gloucester County College	39
8) Howard CC	29
9) Middlesex CC	24
10) Queensborough CC	18
11) Kingsborough CC	17
11) Thaddeus Stevens	17
13) Bergen CC	14
14) Monroe College	11.5
15) Prince George's CC	9
16) CC Rhode Island	7
17) Montgomery College	6
17) Finger Lakes CC	6
17) Bronx CC	6
20) Cumberland CC	4